# Dr. Jonathan Houshanian D.C

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# **Career Objective**

To expand my professional chiropractic practice and provide patients with integrative care that addresses all of their health needs under one roof. My goal is to leverage my knowledge and expertise to help grow other clinics while delivering comprehensive, patient-centered chiropractic care. I am passionate about collaborating with like-minded professionals and expanding innovative care models across multiple practices.

# Education

- **Doctor of Chiropractic Candidate** Southern California Health and Science, Expected December 2019
- Bachelor of Science University of California, Los Angeles (UCLA), 2016
- Associate of Arts (A.A.) Santa Monica College, 2014

## Professional

- CPR Certified
- Member of American Chiropractic Association
- Chiropractic Leadership Alliance (CLA)
- Chiropractic Association of America (CAA)
- California Chiropractic Association (CalChiro)
- Certified in Graston Technique
- Kinesio Taping Technique
- Active Release Techniques (ART)
- Chiropractic Postural BioPhysics (CBP)
- Functional Movement Screening (FMS)
- Certified in Whiplash and Brain Injury

## Skills

- Bilingual: Fluent in English and Farsi, Medical Spanish
- Expert in Microsoft Word, Excel, and other office software
- Strong interpersonal and communication skills
- Proficient in marketing, sales, and networking within chiropractic practices

## **Chiropractic Competencies**

- X-ray interpretation and radiology positioning
- SOT, Thompson, Toggle Recoil, Diversified Adjustment
- Activator Method, Pediatric Manipulation
- Sports Medicine and Functional Medicine
- Kinesio Taping and Instrument-Assisted Soft Tissue Mobilization
- Emergency Sports Medicine

# **Related Experience**

#### Sport and Family Chiropractor — Anaheim, CA | Dec 2017 - Mar 2018

- Assisted with patient greetings, scheduling, and preparation for physical therapy
- Applied electro-stimulation and heat therapy, set up cervical/lumbar traction and roller tables
- Cleaned and prepped examination rooms after each visit

#### Postal Office Rehab Center — Orange, CA | Feb 2018 - Jul 2018

- Assisted with front office billing, answering phones, and taking patient history
- Performed myofascial release, ultrasound therapy, and paraffin baths
- Demonstrated and assisted patients with physical therapy exercises

#### Dr. Gary Wright, Rolfing Specialist — Westlake, CA | Sep 2018 - Mar 2019

• Provided myofascial release, ultrasound, and shockwave therapy

• Assisted patients with physical therapy exercises, stretching, and home care plans

## Active Therapy Center — Santa Monica, CA | Feb 2017 - Jan 2019

- Assisted with patient history taking and provided physical therapy, piezo wave therapy, and magnet therapy
- Managed cervical/lumbar traction and prepared examination rooms for each patient

## Spinal & Health Center — Santa Monica, CA | Feb 2019 - Apr 2019

- Developed personalized patient relationships and answered questions regarding medical status and treatments
- Provided manual therapy, soft tissue mobilization, and active rehabilitation programs

## Whittier University Health Center — Whittier, CA | Sep 2018 - Feb 2019

- Conducted patient evaluations, history, SOAP notes, adjustments, and Kinesio taping
- Provided ergonomic recommendations and home exercises

## CSUN Health Clinic & Sports Medicine — Northridge, CA | Mar 2019 - Present

- Provided patient history, SOAP notes, myofascial release, adjustments, and Kinesio taping
- Delivered weekly chiropractic educational seminars

## Venice Family Clinic — Los Angeles, CA | Apr 2019 - Present

- Assisted low-income and uninsured patients with full patient history, SOAP notes, and chiropractic care
- Provided myofascial release, adjustments, and ergonomic recommendations

## Winer Chiropractic Clinic — Woodland Hills, CA | Jun 2019 - Present

- Assisted with personal injury case reports and patient scheduling
- Conducted physical therapy, ultrasound therapy, electro-stim, and decompression table setups

# Interests

In my free time, I enjoy spending time with family and friends, working out, running or cycling along Santa Monica Beach, and training in CrossFit. I'm passionate about physical challenges and fitness related activities.